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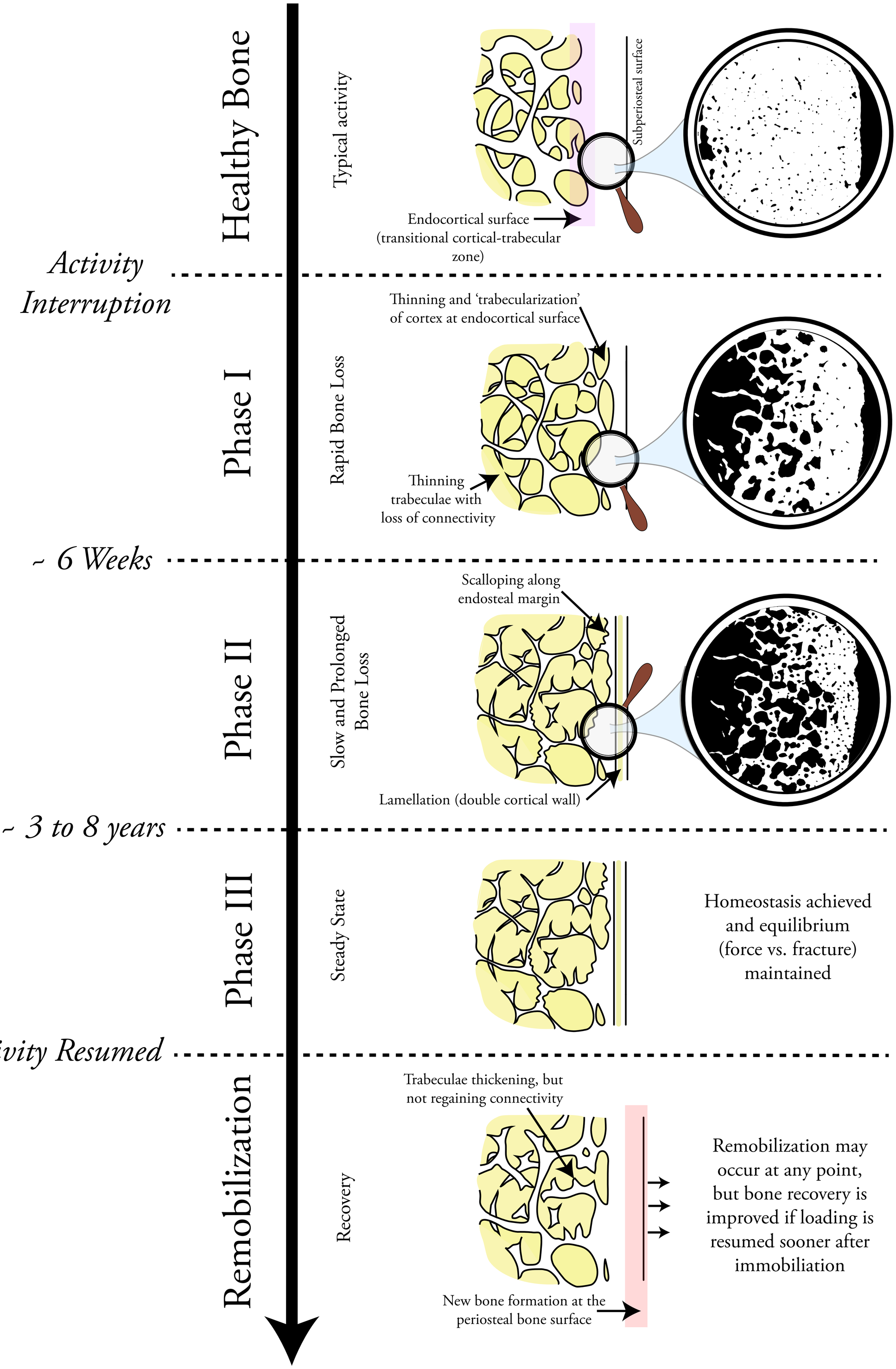

FIG. 11.1 Stages of bone loss. Progression and stages of bone loss from healthy bone, through periods of immobilisation and unloading, to a state of potential remobilisation and recovery. Time ranges are approximate and vary according to a number of factors.
Image courtesy of Rebecca J. Gilmour.